



5th JKA NORCAL SHOTOKAN KARATE LEAGUE

www.jkanorcal.org

Dear Sensei / Friend,

I hope your family and students are doing well. We would like to invite you to our 5th JKA NorCal Shotokan Karate League that will be held on August 30th at Prime Time Athletic Club. This year, the proceeds of our league will help fund our Youth US Team Members to compete in Gichin Funakoshi World Cup in Tokyo, Japan on October 2014. We will also have Shihan Takayuki Mikami, (9th dan & chief instructor of JKA/American Federation) as our guest. We hope that you and your students will be able to support our exciting event. This will be pre-registration only. Please send in your registration form no later than August 22nd. With your help and support, we expect this league to be another great success. We will be awarding medals for 1st, 2nd & 3rd place & certificate of participation. We look forward to seeing you and we thank you in advance for your support.

DATE: SATURDAY, AUGUST 30th, 1pm

LOCATION: PRIME TIME ATHLETIC CLUB, 1730 Rollins Road, Burlingame, Ca. 94010

FEE: \$35.00 (1 or MORE EVENTS) Pre-registrations only

EVENTS:

1. INDIVIDUAL KATA
2. INDIVIDUAL KUMITE
3. TEAM KATA (INTERMEDIATE & ADVANCED)

MANDATORY GEAR:

YOUTH: (6-12 YEARS OLD)

1. GREEN TO PURPLE BELTS (6th Kyu - 4th Kyu) = (head gear, white hand pads, foot gear & mouth guard)
2. BROWN & BLACK BELTS (3rd Kyu - 1st Dan) = (hand pads & mouth guard)

ADULTS: (13 YEARS OLD & ABOVE)

1. BEGINNERS TO ADVANCED BELT = (hand pads & mouth guard)

YOUTH DIVISION: (BOYS & GIRLS COMBINED)

1. WHITE BELTS KATA ONLY
2. YELLOW BELTS (8TH KYU) = KATA & GOHON KUMITE, (JODAN & CHUDAN ONLY)
3. ORANGE BELTS (7TH KYU) = KATA & KIHON IPPON KUMITE, (JODAN & CHUDAN ONLY)
4. GREEN, PURPLE & BROWN BELTS (6TH KYU - 1ST DAN) = KATA & JIYU KUMITE (SHOBU IPPON)

ADULT KATA & KUMITE DIVISION: (MALE & FEMALE) (Shobu Ippon for all adult kumite event)

1. BEGINNERS DIVISION - WHITE, YELLOW & ORANGE BELTS (9-7 KYU)
2. INTERMEDIATE DIVISION - GREEN TO PURPLE BELTS (6-4 KYU)
3. ADVANCED DIVISION - BROWN & BLACK BELTS (3RD KYU - 1ST DAN ONLY)

Sincerely,

Khim Torres, Sensei
JKA NorCal, Chief Instructor

Christina Foo, Sensei
JKA NorCal, Regional Director