

Come Train with Sensei Jose Ferrand at JKA NorCal's beautiful new dojo in San Bruno, CA! There will be training for all ages and skill levels with one of the best Sensei's in the country and Head Coach of the US National Team.

## \$80 for the weekend or \$45 per class

Date	Class	Time	Location
Thursday (1/13)	Kids: White to Orange Kids: Green and Up Adult: All Ranks	4:30 – 5:15 pm 5:15 – 6:00 pm 6:00 – 7:00 pm	JKA NorCal (San Bruno)
Friday (1/14)	All Ranks, All Ages Color Belt Exam Dan Exam (to Nidan)	4:30 – 5:15 pm 5:30 – 6:30 pm 6:30 – 7:00 pm	JKA NorCal (San Bruno)
Saturday (1/15)	Kata: All Ranks Kumite: All Ranks	8:00 – 9:00 am 9:00 – 10:00 am	Seal Point Park (San Mateo) Weather Permitting

JKA NorCal: 356 El Camino Real San Bruno, CA 94066

For all questions please email <u>foo@jkanorcal.org</u>