



**JKA NORCAL PRESENTS**

# **YUKO HIRAYAMA**

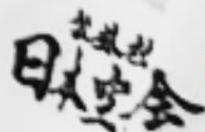
**SENSEI**



**OCTOBER  
25<sup>TH</sup>-26<sup>TH</sup>  
2025**

**JAPANESE CULTURAL  
& COMMUNITY  
CENTER OF NORTHERN  
CALIFORNIA**

**1840 SUTTER ST  
SAN FRANCISCO, CA 94115**



**REGISTRATION & INFO:**  
[JKANORCAL.ORG](http://JKANORCAL.ORG)

# WELCOME TO SAN FRANCISCO

Greetings,

We are honored to welcome you to the first annual Fall Training Camp hosted by JKA of Northern California, featuring special guest Sensei Yuko Hirayama, 7th Dan, from the Japan Karate Association World Headquarters.

This event marks the beginning of a new tradition of excellence in the Bay Area. We are proud to invite all karate-ka—regardless of rank, style, or organization—to join us in celebrating the spirit of budo and experiencing world-class instruction from the JKA.

Over the course of this two-day camp, we will host six focused training sessions dedicated to sharpening our kihon, deepening our understanding of kata, and advancing our kumite application. We are especially honored to welcome Sensei Hirayama for her first-ever visit to the San Francisco Bay Area, and we are excited to share her exceptional instruction with all who attend.

To begin the weekend, we will hold an open mat training at our dojo in the early morning, led by current and former members of the JKA/AF U.S. National Team. Following this, we will gather for four general seminars led by Sensei Hirayama at the Japanese Cultural and Community Center of Northern California, located in the heart of San Francisco's historic Japantown. To close the weekend and help prepare athletes for the upcoming 2025 JKA-USA National Championships, we will host a competitor-focused session under Sensei Hirayama's mentorship.

We are grateful for your participation and hope this event brings inspiration, growth, and a renewed commitment to the path of karate-do. For more information, please visit [jkanorcal.org](http://jkanorcal.org) or contact us at [info@jkanorcal.org](mailto:info@jkanorcal.org).

Sincerely,  
Sensei Wauriman Borges, 5<sup>th</sup> Dan  
JKA-USA Team Member, Chief Instructor  
Japan Karate Association of Northern California

# SCHEDULE OF EVENTS OCTOBER 25<sup>TH</sup> – OCTOBER 26<sup>TH</sup>, 2025

## October 25<sup>th</sup>, 2025

7:00 am – 9:00 am

Early Morning Open Mat with  
JKA-USA Team Members  
(All levels)

**JKA NorCal Dojo**  
356 El Camino Real  
San Bruno, CA 94066

12:00 am – 1:00 pm

Hirayama Sensei  
Seminar 1 (All levels)

1:30 am – 2:30 pm

Hirayama Sensei  
Seminar 2 (All levels)

**Japanese Cultural and Community  
Center of Northern California**  
1840 Sutter St  
San Francisco, CA 94115

3:00 pm – 4:00 pm

Hirayama Sensei  
Seminar 3 (All levels)

## October 26<sup>th</sup>, 2025

10:00 am – 11:30  
am

Hirayama Sensei  
Seminar 4 (All levels)

**Japanese Cultural and Community  
Center of Northern California**  
1840 Sutter St  
San Francisco, CA 94115

2:30 pm – 4:00 pm

Hirayama Sensei  
Seminar 5  
(Competitor Focused Training)

\*This class is open to all registrants\*

## REGISTRATION INFORMATION

### Early Bird

8/1/2025 – 8/31/2025

\$200 Online Registration Only

### Normal Registration

9/1/2025 – 10/10/2025

\$225 Online Registration Only

### Late Registration

10/11/2025 – Door

\$250 Online Registration Only

### Individual Class

Registration

\$75 in-person Only

### Registration QR Code



### Waiver Link:

<https://form.jotform.com/212826311314142>

### Waiver QR Code



### Registration Link:

<https://jkanorcal.org/mise/jka-norcal-presents-sensei-yuko-hirayama-7th-dan>

# TOURISM GUIDE

## Classic San Francisco Landmarks

1. **Golden Gate Bridge** – Walk or bike across for breathtaking views.
  2. **Alcatraz Island** – Tour the infamous former prison; evening tours are especially memorable.
  3. **Fisherman's Wharf & Pier 39** – Sea lions, shops, and local eats; great for families and casual downtime.
  4. **Lombard Street** – The "crookedest street in the world" and a photo-op favorite.
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## Cultural and Historical Attractions

1. **Chinatown (SF)** – The oldest Chinatown in North America, full of cultural charm, markets, and great food.
  2. **Japantown** – A nod to karate's heritage; includes authentic restaurants, the Peace Plaza, and Japanese goods.
  3. **de Young Museum & California Academy of Sciences** (Golden Gate Park) – Art, natural science, and architecture in one stop.
  4. **San Francisco Museum of Modern Art (SFMOMA)** – For those who enjoy modern and contemporary art.
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## Outdoor Spots & Parks

1. **Golden Gate Park** – Larger than NYC's Central Park; includes gardens, museums, and paddle boats.
  2. **Crissy Field** – A beachside walk with views of the Golden Gate Bridge; very relaxing post-training.
  3. **Twin Peaks** – Drive or hike up for a stunning citywide vista.
  4. **Land's End** – A cliffside trail with scenic ruins, ocean views, and less tourist traffic.
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## Unique Local Experiences

1. **Mission District Murals** – Explore vibrant murals, especially along Balmy Alley.
  2. **Ghirardelli Square** – Historic chocolate factory turned shopping/dining area.
  3. **Cable Car Ride** – An iconic and fun way to see the city, especially for first-time visitors.
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## Nearby Day Trip Ideas

1. **Muir Woods National Monument** (30–40 min) – Ancient coastal redwoods and peaceful hikes.
2. **Sausalito** (via Golden Gate or ferry) – Charming waterfront town with great seafood and galleries.
3. **Napa or Sonoma Wine Country** (1–1.5 hrs) – Perfect for those extending their trip.
4. **Berkeley** – Home to UC Berkeley and a great food and culture scene just across the Bay.
5. **Half Moon Bay** – Coastal town with beaches and great surf, about 45 minutes away.