

JKA of Northern California 2026 Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday/Saturday	Sunday
7:00 AM						
7:30 AM						Advanced Kumite 7:30-9:00 am
8:00 AM						
8:30 AM						Advanced Kata 9:00-10:00 am
9:00 AM						
9:30 AM						
10:00 AM						
4:30 PM						
4:45 PM						
5:00 PM	Youth Karate 5:00 - 6:15 pm General	Youth Karate 5:00 - 6:15 pm Kata/Kihon	Youth Karate 5:00 - 6:15 pm Kumite	Youth Karate 5:00 - 6:15 pm Kata/Kihon		
5:15 PM						
5:30 PM						
5:45 PM						
6:00 PM						
6:15 PM						
6:30 PM	Adult Karate 6:30-7:30 pm General	Adult Karate 6:30-8:00 Kata/Kihon	Adult Karate 6:30-8:00 Kumite	Adult Karate 6:30-7:30 pm General		
6:45 PM						
7:00 PM						
7:15 PM						
7:30 PM						
7:45 PM						
8:00 PM						